W/C:

### CHOICE

#### MON

#### Siracha Glazed Chicken Burger

Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw

#### Vegetarian Devil's Kitchen Burger 🔷 💟

Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw

#### TUE

#### West African Chicken Rice 🧡

Served with Mixed Side Salad

#### Cauliflower Mac 'n' Cheese V

Served with Garlic and Herb Bread

#### WED

#### Beef Lasagne

Served with Stromboli Pizza Bread and Mixed Side Salad

#### Vegetarian Cottage Pie ♥♥

Served with Peas

#### **THUR**

FRI

#### Sloppy Joe Burger

Served with Baked Garlic and Herb Wedges

#### Yellow Vegetable Curry ♥♥

Served with Wholegrain Rice and Sweetcorn

Served with Chips, Baked Beans and Peas

**Battered Fish** 

#### Vegan Sausage Roll V

Served with Chips, Baked Beans and Peas

#### **FOOD ON THE MOVE**

#### HOT

Love Joes Burritos and Wraps Freshly Baked Pizza Pasta and Sauces **Topped Jacket Potatoes** 

#### COLD

A healthy selection of Fresh Salads, Fresh Sandwiches, **Baguettes and Wraps** 















**WEEK** W/C: **TWO** 

### CHOICE

MON

#### Pork Sausages

Served with Mashed Potato, Sweetcorn, Peas and Gravy Vegetarian Devil's Kitchen Sausage 🧡 💟

Served with Mashed Potato, Sweetcorn, Peas and Gravy

TUE

#### Chicken Katsu

Served with Wholegrain Rice and Peas

Vegetable Chow Mein 🤎 💟





#### Roast Chicken



Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy

Vegetable Pastry Roll V



Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy



#### Pulled Mexican Chicken and Crushed Taco ♥

Served with Wholegrain Rice and Mixed Side Salad

Vegetarian Bolognese 🤎 🕜



Served with Mixed Side Salad

FRI

#### **Battered Fish**

Served with Chips, Peas and Baked Beans

Vegetarian Hot Dog

Served with Chips, Peas and Baked Beans



#### **FOOD ON THE MOVE**

#### HOT

Love Joes Burritos and Wraps Freshly Baked Pizza Pasta and Sauces **Topped Jacket Potatoes** 



A healthy selection of Fresh Salads, Fresh Sandwiches, **Baguettes and Wraps** 













CHOICE

MON

Chilli Con Carne 🧇

Served with Wholegrain Rice and Spiced Sweetcorn

Vegetarian Chilli 💗 💟

Served with Wholegrain Rice



W/C:

#### **FOOD ON THE MOVE**

#### HOT

Love Joes Burritos and Wraps Freshly Baked Pizza Pasta and Sauces **Topped Jacket Potatoes** 

#### COLD

A healthy selection of Fresh Salads, Fresh Sandwiches, **Baguettes and Wraps** 







#### TUE

WED

#### Mandarin BBQ Style Pork

Served with Stir Fried Vegetables and Peas

#### Chickpea and Tomato Masala 🧡 💟

Served with Wholegrain Rice 🐙

#### Mince Steak Pie

Served with Mashed Potato, Broccoli, Sweetcorn and Gravy

#### Crispy Topped Veggie Pie V

Served with Mashed Potato, Broccoli, Sweetcorn and Gravy

#### **Buffalo Chicken**

Served with Lime Ranch Dressing, Herb Diced Potatoes. Cornslaw and Sweetcorn

#### Vegetarian Incredible Burger 🕪 💟

Served with Herb Diced Potatoes, Cornslaw and Sweetcorn

### **THUR**

FRI

#### **Battered Fish**

Served with Chips, Peas and Baked Beans

#### New Yorker Quorn Dog

Served with Chips, Peas, Baked Beans and Mixed Side Salad



















## **WEEK**

SELECTOR – WEEK ONE				
MON	Chicken Shawarma Flatbread Blackeye Bean Burger 🥪 💟	Beef Lasagne		
TUE	Spicy Chicken Pitta with Chilli Sauce Cajun Chicken Burger ₩	Feta and Beetroot Burger 👽		
WED	Roast Turkey Roast Pork with Stuffing and Apple Sauce	Roast Glazed Ham Sweet Potato Chickpea Roast 🤏 ♥		
THUR	Crispy Chicken Masala Slider Cottage Pie ❤	Vegetarian Cottage Pie 🥪 🕐		
FRI	Breaded Chicken Strips Katsu Curry Fish Finger Wrap ⊯ Vegetarian Plantball Marinara 🤎 ♥	Chickpea and Tomato Masala 🥪 <b>♡</b> Vegetable Chow Mein 🥪 <b>♡</b>		























SELECTOR – WEEK TWO					
MON	Sloppy Joe Burger	Vegetarian Lasagne 🔮			
TUE	Chicken Souvlaki Flatbread Vegetarian Sausage Casserole 🧇 ♥	Pesto Pasta Bake <b>⊍</b>			
WED	Roast Turkey Roast Pork with Stuffing and Apple Sauce	Roast Glazed Ham  Vegetable Pie			
THUR	Sweet and Sour Chicken Vegetarian Burrito 🥪 🔇 🝁	Yellow Vegetable Curry 🤏 🖤			
FRI	Mezze Wrap ❤️ ❤️ ❤️ Mac 'n' Cheese Pot ❤️ Vegetable Chow Mein ❤️ ❤️	Katsu Curry Fish Finger Wrap ₩ Chickpea and Tomato Masala ♥ ♥ Pesto Pasta Bake ♥			









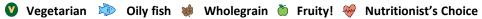












## **THREE**

























### FOOD ON THE MOVE SELECTOR - SOUL BOWLS

Cajun Halloumi and Pineapple Rice Bowl V



Louisiana Quorn and Bean Pot 🤎 💟

Katayama Chicken Donburi **WED** 

Moroccan Style Plantball, Carrot and Edamame Bean ♥♥ **THUR** 



FRI

MON















### FOOD ON THE MOVE SELECTOR - LOVE JOES

MUST COOK - MINIMUM 1 PER DAY

Mexican Chicken Burrito Maple Sweet Chilli Chicken Wrap

Indian Chicken Burrito



Katsu Chicken Wrap

BBQ Chicken Wrap





### FOOD ON THE MOVE SELECTOR – JACKET POTATOES

MUST COOK - MINIMUM 1 PER DAY JACKET POTATO WITH SALMON MAYO MUST BE SERVED ONCE EVERY 3 WEEKS

Jacket Potato with Bolognese

Jacket Potato with Baked Beans ♥ ♥

Jacket Potato with Tuna Mayo









Jacket Potato with Cheese V











### FOOD ON THE MOVE HOT SELECTOR - PASTA AND SAUCES

MUST COOK – MINIMUM 1 PER DAY

Tomato Pasta V Carbonara Pasta Arrabbiata Pasta 🔮

Italian Chicken Pasta BBQ Chicken Pasta Pasta Bolognese





















#### FOOD ON THE MOVE HOT SELECTOR - PANINIS AND TOASTIES

MUST COOK – MINIMUM 1 PER DAY

Cheese Panini 🗸

Cheese and Tomato Sauce Panini

Vegan Cheese and Tomato Sauce Panini 🕜

Tuna Melt Panini

Cheese and Bean Toastie V

Ham and Cheese Toastie

















### FOOD ON THE MOVE HOT SELECTOR - PIZZAS

MUST COOK – MINIMUM 1 PER DAY

Margherita Pizza 🔮 Cajun Chicken Sizzler Pizza Hawaiian Pizza

The Veggie Hot One Pizza ♥ Bacon Pizza







### FOOD ON THE MOVE COLD SELECTOR - SALADS

MUST COOK – MINIMUM 2 PER DAY

Tuna and Sweetcorn Pasta Salad Chicken and Bacon Pasta Salad Chicken Tikka and Rice Shaker

Salad

Falafel and Houmous with Coronation Chicken Salad Jerk Chicken and Noodle Salad

Vegetable Dippers 🤎 💟

















Vegan Cheese Sandwich V

### FOOD ON THE MOVE COLD SELECTOR - SANDWICHES

CHEESE, HAM AND TUNA MAYO MUST BE AVAILABLE EVERY DAY

Cheese and Pickle

Sandwich V

ALL SANDWICHES AVAILABLE ON WHITE OR BROWN BREAD

Chicken and Bacon Sandwich	Chicken Mayo Sandwich	Sandwich 😈	Egg Mayo Sandwich
Cheese and Tomato Sandwich ♥	Ham Salad Sandwich	Cheese Salad Sandwich 🕡	Cheese and Ham Sandwich

Cheese Ploughman's

Tuna and Sweetcorn

Sandwich









Egg Maya Canduiah

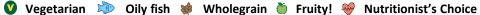












### FOOD ON THE MOVE COLD SELECTOR - BAGUETTES AND WRAPS

TUNA CRUNCH WRAP
CHICKEN AND BACON BAGUETTE
CHEESE AND PICKLE BAGUETTE
MUST BE AVAILABLE EVERY DAY



### ALL BAGUETTES AVAILABLE ON WHITE OR BROWN 🦃

Cheese Salad Wrap 😻 💟	Pepper and Houmous Wrap <b>⊯</b> v	Tuna Crunch Wrap 😻	Chicken Salad Wrap <b>⊯</b>
Ham Salad Baguette	Cheese Baguette ♥	Chicken Mayo Baguette	Tuna Mayo Baguette
Chicken and Bacon Baguette	Tuna and Sweetcorn Baguette	Vegan Cheese and Pickle Baguette <b>v</b>	Cheese and Pickle Baguette <b>v</b>
Ham Baguette	Cheese and Ham Baguette	Tuna and Cucumber Baguette	





Fruity! W Nutritionist's Choice

#### **DESSERT**

RASPBERRY FLAPJACK MUFFIN FRUIT FLAPJACK \* CHOCOLATE BROWNIE MULLER LIGHT YOGHURT POT MUST BE AVAILABLE EVERY DAY



### FRUIT BASED DESSERTS TO BE SERVED A MINIMUM OF TWICE PER WEEK

### DESSERT SELECTOR

Fruit Slice 🍎	Banoffee Pie 🎽	Pear Upside Down Cake
Apple Cracknell	Peach Shortcake Crumble	Apple and Cinnamon Strudel
Iced Bun	Jam Doughnut	Blueberry Muffin
Chocolate Crispy Bar	Sweet Waffle	Shortbread
Individual Victoria Sponge	Carrot Cake	Orange Drizzle Muffin
Lemon Drizzle Muffin	Apple Muffin	Oat Cookie















